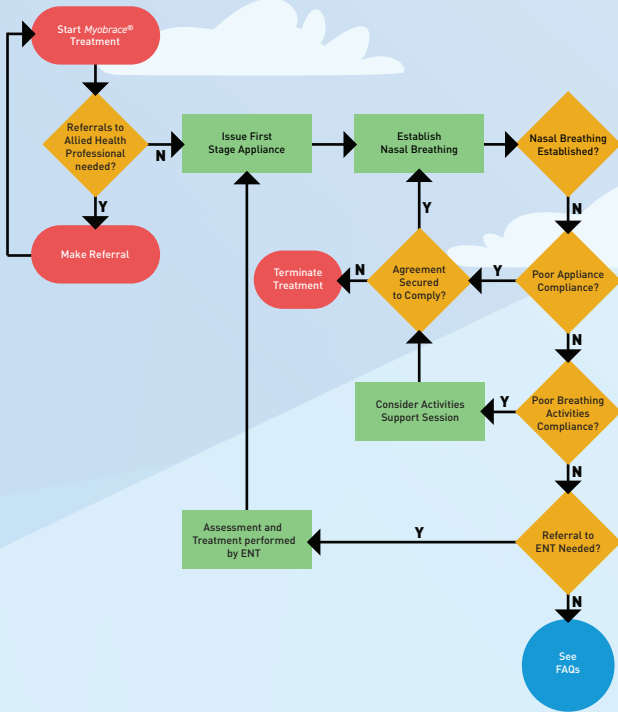


myobrace[®] PROTOCOL FLOW CHART

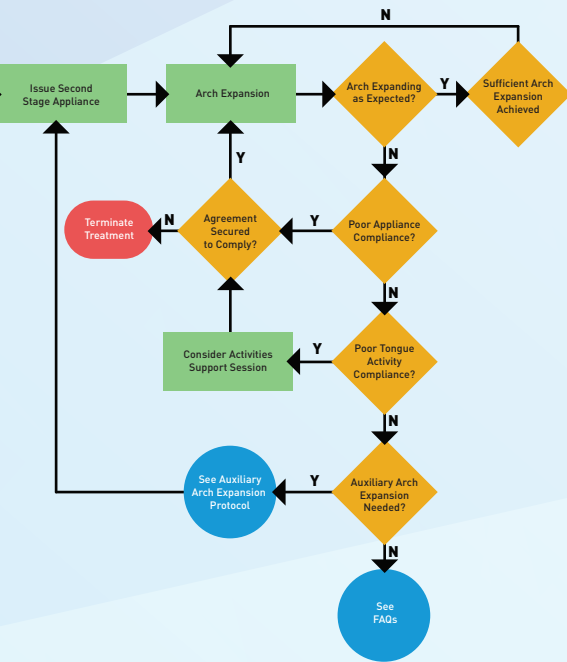
Habit Correction Phase Establish Nasal Breathing

Nasal breathing is established when the patient retains their appliance overnight for at least 30 consecutive days and improves their breathing function on the ME check form. This shouldn't take longer than 3-6 months assuming good patient compliance.



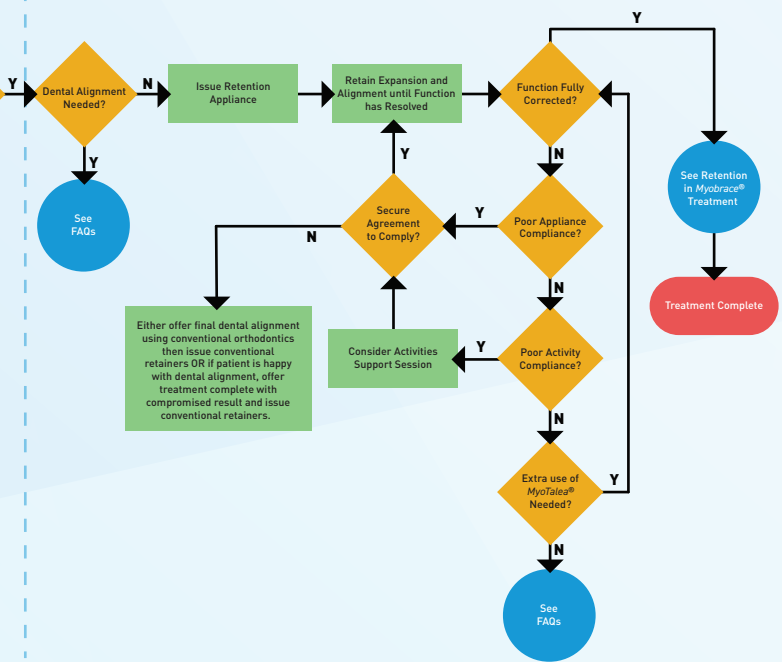
Arch Development Phase Establish Correct Tongue Position

Arch expansion is achieved when there is enough room in both arches to accommodate the tongue and the erupting teeth. In children above the age of 8, this may involve the use of an auxiliary arch expansion appliance simultaneous to Myobrace[®] wear.



Final Alignment and Retention Phase Correct Swallow and Maintain Lip Posture

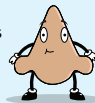
Dental alignment should be driven by patient request (as it is often cosmetic) and if treatment is started early, dental alignment is often not needed. Retention involves retaining dental alignment and the arch form, in conjunction with ensuring final habit correction which will be the long term determinants of stability.



Activities Sequence

Breathing

1. Light Breathing Awareness
2. Paces
3. Nose Clearing



Tongue

4. Correct Tongue Rest Position & Tongue Clicks
5. Tongue Suction Hold & Stretch
6. Surfboard Tongue
7. Fat Tongue Skinny Tongue & Tongue Tip Ups



Swallowing

8. Correct Swallow & Funny Face Swallow
9. Myobrace Swallow
10. Drinking Swallow & Tongue Cup Water Seal



Lips & Cheeks

11. Lip Trainer
12. Lip Pops & Pufferfish Stretch



Key

Trigger

Actions

Decisions

Links Out

Typical Myobrace[®] treatment extends for around 24 months and can vary by plus or minus 6 months. The ideal patient will finish their Myobrace[®] Activities in 12 months, however this is very rare and can extend for the entire 24 months. Treatment is completed when the patient's function is resolved and dental changes are made to facilitate the stability of function.

